Principal’s News

Dear Parents and Carers,

Thank you to those parents who were able to attend the swimming carnival and especially to those who helped on the day. It is wonderful to see most students joining in, particularly in the novelties. Novelties help students gain confidence in attending an event that is unlike their usual routine, in teamwork and in water awareness. Please remember that if you can not afford to send your child to a school activity such as this you only need to send the note along and make a phone call to Mrs. Smythe or me and we will do all we can to ensure your child attends. This process is confidential. We do not want students to miss such important learning opportunities.

Congratulations to all the place getters at the carnival and to the students on their behaviour. Congratulations also to the staff for organising this wonderful day.

INSURANCE Please remember that the school does not provide insurance for your child at school. If you wish to insure your child many medical providers can add this to your cover or private insurance is available.

RESOURCE PACKS FOR 2016 cost $65 per student ($40 for the third or more child). We ask that this is paid by TOMORROW, 12th February. Please send payment in an envelope with your child’s name, class and “Resource Pack” written clearly on the front and place envelope in the silver tin at the school office. You may also pay online via the school website. Please enter “Resource Pack” under the payment description. Students will receive their resource pack in class AFTER THE 12th FEBRUARY and some items may stay in the classroom. This cost will include student access to Mathletics.

YEAR 5 & 6 BATHURST EXCURSION begins next Monday, 15th February, 2016. Students are to meet at school at 6.30am. Luggage is to be placed on the footpath outside the school, along the fence. Students are to meet under the COLA with their back packs. All medication must be labeled with your child’s name and handed to the teacher.

WEEKLY ASSEMBLIES will start on Monday, 22nd February, 2016 at 2pm. Parents are welcome to attend.

SCHOOL OPAL CARDS have replaced bus passes this year. Please read the information sheet included in this newsletter.

A REMINDER THAT LOCAL SPORTS AND EXCURSION WALKS and PERMISSION TO PUBLISH notes are to be returned for all students by TOMORROW, Friday, 12th February, 2016. Copies of these notes are available from the school office or on our website.

CAKES/CUPCAKES FOR STUDENT BIRTHDAYS Throughout the year students celebrating a birthday may bring in cakes/cupcakes supplied from home for their class to enjoy. If your child has an allergy or intolerance to ingredients in cakes/cupcakes parents may bring in a supply of cakes and they will be kept in the freezer in the office. Please advise your teacher and the office of any allergies if you haven’t already done so.

Have a successful week, Narelle and Staff.
PARENT/TEACHER INFORMATION SESSIONS—Please note these meetings are a general information session only, not individual parent meetings.

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<td>Thursday, 18th February, 2016</td>
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<td>Thursday, 18th February, 2016</td>
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Class Awards

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Uniform Focus—Week 4

Tidy hair/school coloured hair bands
will be the uniform focus next week. Please ensure your child is wearing the correct uniform.

Thank you for your co-operation.
The next Annual General Meeting will be held on Tuesday, 16th February, 2016 from 7pm in the library. All parents are welcome to attend.

Canteen News

The canteen is open every Monday and Tuesday. However, this will depend on the number of volunteers available. If you are able to assist please contact Tracy on 0411 184 571.

Uniform Shop News

The Uniform Shop is now open Tuesdays, 8.30am—9am and 2.30pm—3pm and Thursdays, 8.30am—9am. We are pleased to advise that EFTPos facilities are now available at the Uniform shop ONLY.
Fact sheet: School Opal card

The School Opal card provides free travel to school aged students between home and school on weekdays under the School Student Transport Scheme (SSTS) across the Opal public transport network.

School Opal card can be used:
- On approved travel on school days between the student’s home and school, and
- For travel between 06:30 and 19:00 weekdays (21:30 for TAFE school students).

Who is eligible?
To be eligible a student must be a resident of NSW plus:
- Infant student (K-2) older than 4 years and 6 months who lives any distance between home and school; or
- Primary student (Years 3-6) who lives more than 1.6km (straight line) from school, or 2.3km or more by the most direct practical walking route; or
- Secondary student (Year 7-12) who lives more than 2km (straight line) from school, or 2.9km or more by the most direct practical walking route; or
- TAFE student under 18 years of age at 1 January of the year of application and enrolled in a full-time TAFE course for a minimum of 20 hours a week, and is not employed, lives more than 3.2km from the college by the most direct practical walking route, and attends the college closest to their home where enrolment is available.

School Opal Cards enable a student to travel on:
- Mode(s) of transport most applicable for the student’s travel requirements; train or bus or both. For bus travel, cards are restricted to individual or a combination of bus operators. For approved ferries; and
- School days only.

For travel outside school hours or days a Child/Youth Opal card is available and provides concession fares and other Opal benefits.

How do parents/students get a School Opal card?
Students with school travel passes this year will be not need to apply for a School Opal card unless they are changing schools or their home address or moving from year 2 to 3 or year 6 to 7.
Those students who do not need to apply will have a School Opal card sent to their school for the beginning of the first term in 2016.

For new applications or for students with changing circumstances, the parents, guardians or students over 16 years are required to fill in a form online at www.transportnsw.info/school-students

After filling in the online application they print it off and take it to the school to endorse. Transport for NSW has the data online from the application and waits for the school to then endorse the application and will mail the School Opal card to the applicant’s home address.
The simplest way

...to encourage healthy eating.

If you've got a fussy eater in the family, a behaviour reward chart can be a great way to get them eating and enjoying new foods and more fruit and veg.

Praise from parents or the offer of small rewards is a good motivator for many children.

A behaviour reward chart can work wonders too. Remember to decide on rewards and goals in advance and keep them realistic and motivating.

Wani more great tips and strategies to overcome fussy eating? Register for a Fruit & Veg Sense workshop online: eatittobeatit.com.au

Find this chart and others online too.

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

Good for Kids good for life

BENEFITS OF TEAM SPORTS

Participation in team sports is a great way to increase your child's physical activity. But did you know there are a number of other benefits to team sports, including:

- Teaching children skills in teamwork
- Increasing communication skills
- Helping children gain confidence through interaction with other kids
- Teaching children it is ok to lose sometimes
- Making new friends
- And most importantly having fun!

There are many different team sports to choose from such as soccer, netball, touch football and hockey. Why not see what team sports are available at your school or in the community for your child to participate in?

Child Dental Benefits Schedule

An Australian Government Dental Scheme

YES WE BULK BILL!!

Families that receive Family Tax Benefit Part A or other eligible government payments can receive $1000 basic dental treatment for children aged 2-17 years.

For eligibility phone Medicare 132 011

For appointments call us today!
Are you interested in advertising in our newsletter? Contact the school office for details.